

# Spring Break with **speCtra**

*Lactation Professional Education Seminars*



Spectra Baby USA is excited to announce our Spring Break with Spectra special. Spring Break with Spectra, led by Mirine Richey, MPH, IBCLC, will include three exclusive training seminars engineered for healthcare professionals looking to expand their expertise in lactation.

## Seminar 1

Date: Thursday, March 25

Time: 5:00 P.M. EST

Topic: **Top breast pumping questions Spectra Moms ask our IBCLCs**

- Exclusive Pumping
- Best settings to use
- Pumping schedules for work

[Click Here to Register](#)

## Seminar 2

Date: Thursday, April 22

Time: 5:00 P.M. EST

Topic: **Spectra Flange fitting and sizing**

Does size matter? How to measure and the risks of a bad fit

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## Seminar 3

Date: Thursday, May 20

Time: 5:00 P.M. EST

Topic: **Spectra CaraCups storage, set up, and use**

- How to use the CaraCups with Spectra Breast Pumps
- When the CaraCups are a good option
- Proper part care

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